

ABC Maternity Package



The Avenue ABC Maternity Package

A new baby can be a costly affair. As a family you may need to plan for expected costs, the unexpected can, and often does, occur. The most common is an emergency caesarian section, which can range anywhere from Kshs.200,000/- to more than Kshs.550,000/- at a private hospital in Kenya.

The Avenue ABC Maternity Package simplifies having a baby. ABC Package covers Antenatal care, delivery and Well-baby clinics for the first year of life. In addition, the ABC Package covers vacuum delivery, difficult deliveries requiring a specialist, and emergency caesarian sections. You will have a midwife(s) to support you throughout the pregnancy, Childbirth and after delivery.



**Avenue
Healthcare**

What is ABC Package?

A is for Antenatal Care

Avenue Healthcare (AHC) obstetrics gynaecologists and Midwives will take you through your pregnancy safely, allowing as many visits to our antenatal clinic as you want or may need to.

What is included in the package?

- Unlimited visits to our Antenatal Clinic Midwife and Obstetricians
- Antenatal Profile – Routine Pregnancy tests
- Two Obstetric Scans - early and late in the pregnancy
- Supplements prescribed by Obstetrician - Multivitamins and Iron Tabs
- Advice on diet and exercise during pregnancy
- Regular monitoring to help ensure Mother and Baby remain healthy and prevent problems. And for extra reassurance, you may call our doctors / Midwife anytime during your pregnancy, 24 hours a day

B is for Birth

You will be admitted at any of the Avenue Hospital Maternity Wards when ready to deliver. After an assessment by our doctors, our team of experienced midwives and obstetricians will deliver your Baby.

In the event an emergency caesarian is required, you will be covered under the ABC Package. That includes caesarian-related obstetrician bills, anesthesiologist and pediatrician charges, drugs, theatre costs, and bed and nursery charges for the expected two to three days stay at the hospital.

Discharge drugs and a follow-up visit to remove stitches or just for a routine post-delivery checkup are also included.

C is for Child Care

During Baby's first year, all visits to our Well Baby Clinic are free of charge and include vaccinations according to the KEPI program. (These are BCG, Oral Polio, Measles, Diphtheria, Pertussis and Tetanus.) Other vaccinations, including baby-friendly vaccines, are available at a 10% discount to all ABC Package Clients.



The ABC Package Price

The total cost of the **Avenue ABC Maternity Package** includes unlimited visits to our Antenatal Clinic, antenatal profile, obstetric scan, obstetrician visits, multivitamins and iron tablets, delivery, whether normal, vacuum or by caesarian section, a postnatal follow-up visit, well Baby clinics for KEPI vaccines only for a year - **Ksh.160,000 /-** For mothers who do not meet the eligibility criteria for ABC Package, we provide an option of ABC Package Plus at **Ksh. 190,000/-**

ABC Payment Plan

To make the costs of your new Baby easier to manage, we have provided you with an installment plan:

Installment	Stage	ABC Package	ABC Plus Package
1 st	Enrollment	15,000	15,000
2 nd	28 Weeks	15,000	15,000
3 rd	32 Week	30,000	30,000
4 th	Delivery	100,000	130,000
		160,000	190,000

Service Guarantee and Refund Schedule

Avenue Healthcare is known for high-quality reproductive services with excellent client experience. In the rare event you are unhappy with the services, Avenue Healthcare's services and resolve to opt-out of the package at any time before delivery, or for any reason deliver at another hospital, Avenue Healthcare will issue a refund of the total amount paid less 3,000/- cancellation fee and charges for all services you have used, according to the following schedule:

Antenatal Clinic Consultation (Midwife): Kshs. 800/- per visit

Obstetrician Consultation: Kshs. 2,600/- per visit

Obstetric Scan: Kshs. 3,500/- each

Antenatal Profile: Kshs. 9,500/- for Urinalysis, Blood Group, Haemogram, HIV, VDRL and Hepatitis

Well Baby Clinic (Nurse): Kshs. 800/- per visit at Avenue Hospital

Executive Well Baby Clinic (Paediatrician): Kshs. 2,600/- per visit

Please note that the above rates are subject to change.

Eligibility

Pregnant women between 18 and 45 years are eligible for the ABC Packages. The specific eligibility for the packages is as follows:

Eligibility for the ABC Package:

- First Time mothers with no pre-planned Caesarian section
- Previous Normal Deliveries with no Prior Caesarian Delivery

Eligible for ABC Package Plus

- Mothers likely to deliver by Caesarian Section - who have prior caesarian delivery, multiple pregnancies or prior obstetric complications and medical conditions such as Diabetes, Hypertension, HIV, and autoimmune)

- Please see our Midwife for more information about enrolling.
- All services will be at Avenue Hospitals in Nairobi, Kisumu and Thika.
- ANC services can also be accessed from our 17 satellite clinics.

EXCLUSION

- Additional Hospital Stay days beyond the package days (>3 days)
- Any service beyond the package days
- Epidural labour Analgesia
- The non-Package investigation, procedure, medication or Vaccine
- Anti-D injection
- Private room or VIP Suites charges (Client to top up the difference from general ward charge)
- Maternal or Neonatal Complications
- Comorbidity Treatments
- Private Doctor Charges
- Vaccines outside KEPI
- Care outside Avenue Group facilities Antenatal care or delivery outside Avenue Hospitals
- Doctor fees outside AHC Doctors
- Treatment of illness during pregnancy
- Nutritional Supplements during pregnancy other than those specifically mentioned.
- Drugs, specialists, incubator care, treatment of prematurity, congenital diseases/conditions
- Respiratory distress or any other illness in Newborns
- Illness in babies after discharge.
- Vaccines not included in the KEPI regime.

All extra facilities or exclusions will be charged to the mother and Baby separately on a cash basis.



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